



45 – 60 MINUTE PRESENTATION

This presentation is appropriate for preteen and teen students, their parents, and their teachers.

In *Attitudes of Achievement* we discuss the 7 fundamental attitudes that each and every one of us can use in order to achieve the type of fulfilling and rewarding life that so many search for.

Dennis engages his audience with a unique story and a unique style that converge to demonstrate that the authentic life is not just something he talks about, but something he lives.

Attitudes of Achievement addresses several pertinent themes, including: Anti-bullying, Self-Esteem, Empathy, Acceptance, and Personal Responsibility.

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ATTITUDES OF ACHIEVEMENT

The building blocks of an authentic life

ATTITUDES REQUIRED TO BE AN ACHIEVER

Persistent

Great changes are most often made by small deeds, just as the hardest rock will eventually be worn away by a constant drip of water. When you set your sight on your goal, be persistent with the small tasks that you must perform over a long period before you reach your goal.

Patient

Have you ever grown a plant from a seed? At first it seems like nothing is happening, hour after hour, but eventually you see a sprout and then, if you keep caring for it, it will eventually grow into what it is meant to be. We need to remember that sometimes things don't happen as fast as we want them to, but that doesn't mean that nothing is happening.

Personable

Being Personable encompasses several important attributes: Kindness to others (and to yourself) Grateful, Forgiving, Helpful, Happy...

Positive

If you concentrate only on things that happened in the past, you will be sad, if you concentrate only on things that might happen in the future you will be anxious, concerned or worried. If you concentrate on what is happening now, you will be happy.

Passionate

Passion is often misunderstood. To be passionate about something does not simply mean to "really, really like" something. To be passionate means to love something so much that you are willing to sacrifice your own comfort.

Productive

It is in our nature to produce something of value for ourselves, but it's even more important to produce something for others. Understanding how to be productive is the key to becoming a contributing member of society.

[High]Performing

High performance is an important part of an Achiever's life. But performance should always be compared to one's self, not to other people. Always work to be better than yesterday.